

North Clay Middle School

Monday	Tuesday	Wednesday	Thursday	Friday
Apr - 3 PORK FRITTER / BUN RED PEPPER SLICES CHIPS CELERY FRUIT COCKTAIL MILK, VARIETY	Apr - 4 BBQ / BUN BAKED BEANS CARROTS / DIP ORANGES MILK, VARIETY	Apr - 5 TACO IN A BAG REFRIED BEANS CORN PINEAPPLE MILK, VARIETY	Apr - 6 CHICKEN WRAP FRESH FRUIT BROCCOLI & CHEESE PEAS Apples MILK, VARIETY	Apr - 7 NO SCHOOL TODAY
Apr - 10 NACHOS SUPREME CORN CELERY MANDARIN ORANGES MILK, VARIETY	Apr - 11 CHICKEN PATTY/ BUN CHEESE POTATOES BUTTERED CARROTS APPLESAUCE MILK, VARIETY	Apr - 12 CHILI DOG / BUN BAKED BEANS SEASONED FRIES PEARS MILK, VARIETY	Apr - 13 CHICKEN & NOODLES MASHED POTATOES GREEN BEANS MANDARIN ORANGES MILK, VARIETY	Apr - 14 FISH SANDWICH FRENCH FRIES JUICE CUCUMBER SLICES FRUIT COCKTAIL MILK, VARIETY
Apr - 17 CHICKEN NUGGETS BAKED POTATO BROCCOLI & CHEESE APPLESAUCE JUICE MILK, VARIETY	Apr - 18 MEATBALL SUB. CHIPS SALAD W/ DRESSING PEACHES MILK, VARIETY	Apr - 19 CORN DOG GREEN BEANS CARROTS / DIP PINEAPPLE COOKIE MILK, VARIETY	Apr - 20 CHEESEBURGER / BUN SALAD W/ DRESSING PEAS PEARS JUICE MILK, VARIETY	Apr - 21 PORK FRITTER / BUN BROC & CAULIFLOWER CORN MANDARIN ORANGES MILK, VARIETY
Apr - 24 HAMBURGER / BUN FRENCH FRIES CUCUMBER SLICES BANANA MILK, VARIETY JUICE	Apr - 25 GENERAL TSO CHICKEN/RICE CALIFORNIA MEDLEY RED PEPPER SLICES FRUIT COCKTAIL FORTUNE COOKIE MILK, VARIETY	Apr - 26 CHICKEN PATTY/ BUN SCALLOPED POTATOES BAKED BEANS PEACHES COOKIE MILK, VARIETY	Apr - 27 RIB / BUN FRENCH FRIES BROCCOLI & CHEESE APPLESAUCE MILK, VARIETY	Apr - 28 Turkey and Cheese Sandwich GREEN BEANS CARROTS / DIP PEARS JUICE MILK, VARIETY

	Average	Weekly Target	% of Target		Average		% of Calories	Weekly Target
Calories	665	600-700	100%	Sugars	31.78*	g	19.12%	
Cholesterol	68 mg			Protein	30.65	g	18.44%	
Sodium	1194 mg	1360		Carbohyd	77.81	g	46.82%	
Fiber	6.71 g			Tot. Fat	25.90	g	35.06%	<=30.0%
Iron	2.94 mg			Sat. Fat	7.31	g	9.89%	<10.00%
Calcium	441.62 mg							
Vitamin A	1512 IU							
Vitamin C	5.32 mg							

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*
** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.